IN THE CLAIMS

Claims 1-42 (cancelled).

43. (previously added) A method of measuring blood pressure using a wrist sphygmomanometer including a body and including a cuff attached to the body and wrapped around a wrist, said body being attached to the cuff in a manner to allow the body to be located on a thumb side of an arm when the wrist sphygmomanometer is fitted on the wrist, comprising:

fitting said wrist sphygmomanometer on the wrist;

placing the wrist with said wrist sphygmomanometer fitted thereon on a subject; and

reading a value detected by said wrist sphygmomanometer with the wrist placed on the chest.

- 44. (**previously added**) The wrist sphygmomanometer of claim 43, further comprising a positioning system which determines whether the sphygmomanometer is at an appropriate measuring level.
- 45. (previously added) The wrist sphygmomanometer of claim 44, wherein the positioning system indicates that the sphygmomanometer is at an appropriate measuring level by providing an acoustic signal.
- 46. (previously added) The wrist sphygmomanometer of claim 44, further comprising a display that includes arrows which guide a user to the appropriate measuring level.
- 47. (**previously added**) The wrist sphygmomanometer of claim 46, wherein the display indicates that the user has reached the appropriate measuring level by displaying a visual symbol.

48. (previously added) The wrist sphygmomanometer of claim 46, wherein the display indicates that the user has reached the appropriate measuring level by providing an acoustic signal.

49. (previously added) The wrist sphygmomanometer of claim 44, wherein a blood pressure measurement is automatically taken when the positioning system determines that the sphygmomanometer is at the appropriate measuring level.